

## 2024 LONG COURSE TAGS TIME STANDARDS

Girls			Boys			
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
28.99	30.29	33.49	50 Fr	33.69	29.39	26.99
1:01.89	1:05.79	1:13.29	100 Fr	1:14.59*	1:04.29	57.49
2:14.09*	2:22.99	2:39.29	200 Fr	2:40.99*	2:19.29	2:04.99
4:42.19*	5:01.39	5:40.59*	400 Fr	5:41.59*	4:55.99*	4:27.09*
9:46.79	X	X	800 Fr	X	X	9:16.29
18:42.79	X	X	1500 Fr	X	X	17:57.29
X	35.69	40.39	50 Bk	39.99*	35.29	X
1:11.39	1:15.69	1:25.49	100 Bk	1:24.99*	1:15.09	1:05.59
2:32.59	2:43.09	X	200 Bk	X	2:40.19	2:21.99*
X	40.29	46.09	50 Br	46.89	39.19	X
1:21.39	1:27.19	1:39.39	100 Br	1:40.49	1:24.59*	1:14.19
2:54.79	3:07.19	X	200 Br	X	3:03.39*	2:41.09
X	32.79	37.29	50 Fly	37.39	32.49	X
1:08.49	1:13.49	1:27.09*	100 Fly	1:26.69	1:11.99	1:02.99
2:34.99	2:50.29	X	200 Fly	X	2:51.69	2:20.89
2:33.19	2:42.49	3:00.79	200 IM	3:01.89	2:37.69*	2:20.69
5:23.89*	X	X	400 IM	X	X	5:02.29*
1:56.99	2:02.89	2:19.59	200 FR	2:19.79	2:01.29	1:49.49
4:13.59	4:27.69	5:10.79	400 FR	5:13.99	4:28.69	3:57.69
9:12.69			800 FR	x	X	8:43.49
2:10.69	2:17.49	2:39.49	200 MR	2:41.09	2:17.39	2:01.99
4:44.29	5:02.29	X	400 MR	x	5:02.99	4:25.79

### 2024 LONG COURSE TAGS BONUS TIME STANDARDS

Girls			Boys			
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
29.49	30.79	33.99	50 Fr	34.19	29.89	27.49
1:02.39	1:06.79	1:14.79	100 Fr	1:14.99	1:05.29	57.99
2:14.59*	2:23.49	2:42.39	200 Fr	2:44.49	2:20.09	2:05.49
4:43.39*	5:03.39	5:43.89	400 Fr	5:47.99	4:58.49	4:27.99*
9:49.99	X	X	800 Fr	X	X	9:19.29
18:47.49	X	X	1500 Fr	X	X	18:02.29
X	36.09	40.89	50 Bk	40.49*	35.79	X
1:12.39	1:16.69	1:26.79	100 Bk	1:26.59*	1:16.09	1:06.09
2:35.69	2:44.09	X	200 Bk	X	2:42.99	2:22.99*
X	40.79	46.59	50 Br	47.39	39.69	X
1:21.99	1:28.19	1:41.09	100 Br	1:41.49	1:25.39*	1:14.69
2:57.19	3:08.29	X	200 Br	X	3:04.39*	2:42.59
X	33.29	38.19	50 Fly	37.89	32.99	X
1:09.29	1:14.49	1:29.49	100 Fly	1:29.19	1:12.99	1:03.49
2:37.99	2:51.89	X	200 Fly	X	2:52.99	2:22.69
2:34.39	2:43.99	3:04.89	200 IM	3:05.79	2:38.99*	2:21.09
5:26.39	X	X	400 IM	X	X	5:03.59*

## 2024 SHORT COURSE TAGS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
25.29*	26.99*	30.49*	50 Fr	29.99*	25.99*	23.39*
54.19*	57.59*	1:06.19*	100 Fr	1:04.99*	55.79*	50.69*
1:56.99*	2:03.99*	2:20.29*	200 Fr	2:21.99*	2:01.99*	1:49.59*
5:13.59*	5:31.19*	6:16.99*	500 Fr	6:18.09*	5:28.49*	4:54.29*
10:56.29*	X	X	1000 Fr	x	X	10:12.89*
18:14.49*	X	X	1650 Fr	x	X	17:08.49*
x	30.69*	34.69*	50 Bk	34.59*	30.19*	x
1:00.29*	1:05.39*	1:14.19*	100 Bk	1:14.19*	1:04.69*	55.69*
2:09.99*	2:20.89*	X	200 Bk	x	2:17.99*	2:01.99*
x	34.69*	39.99*	50 Br	40.29*	34.09*	x
1:09.19*	1:15.39*	1:26.99*	100 Br	1:27.59*	1:14.99*	1:03.98*
2:29.59*	2:41.29*	X	200 Br	x	2:38.49*	2:17.19*
x	28.99*	33.39*	50 Fly	33.29*	28.49*	x
59.49*	1:04.79*	1:16.39*	100 Fly	1:16.89*	1:03.29*	55.09*
2:13.09*	2:25.99*	X	200 Fly	x	2:22.39*	2:02.59*
x	1:05.89*	1:14.99*	100 IM	1:15.19*	1:04.59*	x
2:13.39*	2:20.59*	2:40.99*	200 IM	2:40.49*	2:18.59*	2:03.69*
4:41.99*	X	X	400 IM	x	X	4:23.59*
1:42.29	1:47.69	2:03.59	200 FR	2:04.11	1:46.79	1:35.09
3:42.69	3:56.09	4:34.79	400 FR	4:35.69	3:55.59	3:26.79
8:00.19	X	X	800 FR	X	X	7:35.96
1:53.19	1:59.89	2:18.59	200 MR	2:20.49	1:59.19	1:44.99
4:08.19	4:24.29	X	400 MR	X	4:24.59	3:50.89

## 2024 SHORT COURSE TAGS BONUS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
25.79*	27.39*	30.99*	50 Fr	30.39*	26.39*	23.69*
54.79*	57.99*	1:06.89*	100 Fr	1:06.19*	56.49*	51.19*
1:57.39*	2:05.49*	2:23.29*	200 Fr	2:23.19*	2:02.69*	1:50.09*
5:15.39*	5:34.39*	6:23.39*	500 Fr	6:24.79*	5:32.19*	4:56.19*
10:59.29*	X	X	1000 Fr	X	X	10:16.99*
18:22.89*	X	X	1650 Fr	X	X	17:18.29*
X	30.89*	35.19*	50 Bk	35.39*	30.49*	X
1:01.29*	1:05.99*	1:15.69*	100 Bk	1:15.79*	1:04.99*	56.99*
2:10.89*	2:22.09*	X	200 Bk	X	2:20.09*	2:02.89*
X	35.19*	40.59*	50 Br	40.89*	34.49*	X
1:10.49*	1:16.49*	1:27.79*	100 Br	1:28.99*	1:15.79*	1:04.39*
2:32.99*	2:42.19*	X	200 Br	X	2:41.82*	2:19.89*
X	29.29*	34.09*	50 Fly	33.79*	28.69*	X
1:00.59*	1:05.39*	1:18.89*	100 Fly	1:18.79*	1:04.09*	55.49*
2:16.19*	2:27.69*	X	200 Fly	X	2:23.89*	2:04.09*
X	1:06.39*	1:16.29*	100 IM	1:16.09*	1:05.79*	X
2:14.99*	2:21.59*	2:42.69*	200 IM	2:43.69*	2:19.79*	2:04.19*
4:46.59*	X	X	400 IM	X	X	4:24.99*